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## Signup Instructions

### Step 1:

Visit 'Google Play' on your Android device (e.g. Samsung, Motorola) or visit 'App Store' on your iPhone, iPad or iPod and search for the **"InstaTeam Team"** App.

If you have a barcode scanner on your phone, you can Scan QR code below to download.

[Download InstaTeam App](#)

[www.instateam.net/download/app](http://www.instateam.net/download/app)

OR

**Scan QR code to download.**



### Step 2:

Follow the instructions provided to create a new account or login using your existing Facebook or Google account.

### Step 3:

Search for the team **"Human Anatomy"** team or **"SPALH9"** code. You can also lookup for teams in your vicinity or teams of your preferred sport or activity.

### Step 4:

Click on the team and then click Join.

You are all done. See you on InstaTeam.